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Boerne Soccer Youth Development
 Passing - Pace/Accuracy
 Week 7 Game 2 - Passing Relay

- Set Up
 2 Players
 10 Cones
 1 Ball per 2 players
 Grids 10 x 12 yards

Coaching Points

This practice is designed to improve the technical ability of the puch pass with an emphasize on "pace and accuracy.

One player is positioned at one side of the grid, 10 x 12 yards.

The player receives the ball from the server.

After each pass the receiver must turn and run back to the starting position.

The coach should emphasize correct technique and slowly build up the tempo to match speed. Care must be taken to emphasize quality over speed.

Create a competition between groups